

# the solihull index

a community magazine and business directory  
for residents of solihull



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Tel: 01676 522 155

### Restaurant Opening Hours

Mon - Wed 9am to 5pm

Thurs - Sat 9am to 11pm

Sunday 10am to 5pm

[eat@thebarnatberryfields.co.uk](mailto:eat@thebarnatberryfields.co.uk)

\*\*\*\*\*

### Farm Shop Opening Hours

Mon - Fri 9am to 5:30pm

Saturday 9am to 5pm

Sunday 10am to 4pm

[shop@thebarnatberryfields.co.uk](mailto:shop@thebarnatberryfields.co.uk)

[thebarnatberryfields.co.uk](http://thebarnatberryfields.co.uk)

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# christmas is coming

## Welcome to the November issue of The Solihull Index.

By the time this arrives Christmas will only be 6 weeks away! Check out page 8 to see what local Christmassy events are on. If you fancy treating yourself to a night out before the main event, find out what's on at the cinema and the Core theatre in November on page 30. Have a look through the magazine too as some of our advertisers are holding their own local Christmas events and would love your support.

You've just about got time to make any last-minute changes to your home in time for Christmas so remember to support local businesses as they really value their customers – we have a great collection of local tradespeople and businesses who are local and are looking for your custom.

Here's hoping the pre-Christmas build up isn't too hectic and that you find the time to relax, maybe over a glass of mulled wine and a mince pie!

*Zoe*

**Zoe Reece**

**Tel: 07557 220585**

**Email: [zoe@dorridgedirectory.com](mailto:zoe@dorridgedirectory.com)**

**[www.solihullindex.com](http://www.solihullindex.com)**



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[www.progressionarchitects.com](http://www.progressionarchitects.com)

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[info@progressionarchitects.com](mailto:info@progressionarchitects.com)

Chartered Architects Gary Winn RIBA and Dean Poulton RIBA are Progression Architects and have been based in Solihull since 1992. They are about to celebrate 25 years in practice.

The practice specialises in the design of domestic house extensions, one off houses and conversions, although they also have some corporate blue chip clients.

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At Progression we are also Chartered Town Planners and members of the Royal Town Planning Institute. We specialise in dealing with planning applications and negotiating with the Local Authorities. We also prepare, submit and attend Planning Appeals, where applications are refused, putting our case forward from an applicant's point of view.

As we are also Architects, we tend to think through our solutions creatively, at times from a perspective that is not immediately apparent. As Arboriculturists, we work together where tree issues meet planning issues, such as Tree Preservation Orders.



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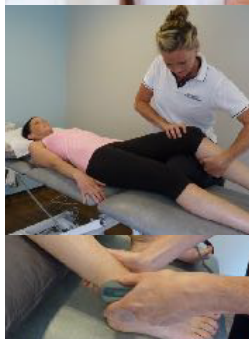
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# community events

## Santa Claus comes to Touchwood

**18th November – 24th December**

The Touchwood Christmas Grotto will be open 18th November – 24th December inclusive. The entry fee is £5 and this covers the visit to Santa and a gift.

## Fiddler On The Roof

**The Core Theatre, Solihull**

**21st – 25th November**

Fiddler on the Roof is the much loved story set in 1905 in the small, tradition-steeped Jewish village Anatevka, Russia. During the course of the show, the time honoured traditions of Anatevka are both embraced and challenged by dairyman Tevye and his colourful community, as they witness his daughters, Tzeitel, Hodel, and Chava, grow up and fall in love in a time of change in Russia. To book tickets please visit [www.thecoretheatresolihull.co.uk](http://www.thecoretheatresolihull.co.uk)

## Solihull Christmas Market

**Solihull Town Centre**

**23rd November - 6th December**

Following last year's successful Christmas Market, we are proud to announce that the Christmas Market is returning this year. Running from Thursday 23rd December to Wednesday 6th December, enjoy the unique gifting opportunities as well as street food and bars alongside your working day and main Christmas shopping. This year the Christmas Market will incorporate both Mell Square and the High Street.



## Christmas Party Nights

**St Johns Hotel, 651**

**Warwick Road, Solihull**

**1st – 31st December**

Bring your party to our party at the St Johns Hotel! 3 course meal with a glass of sparkling wine on arrival. Only £35 per person. Call 0121 711 3000 for more details.

## 25th Lions Festive Walk

**Baddesley Clinton House**

**Wednesday 27th December**

Walk off your Christmas pudding. Bring your friends and relatives, just turn up and make a donation – that's the invitation from Knowle and Dorridge Lions. This year's special 25th FREE Festive Walk from Baddesley Clinton National Trust House offers a choice of 3, 6 or 9 mile signed circular routes and an opportunity to help the Lions raise funds for the new Solihull Breast Haven Centre, Headway (Birmingham & Solihull), and other local causes. Details & registration form online at [www.KnowleandDorridgeLions.com/](http://www.KnowleandDorridgeLions.com/) walk or call 08458 335 894.



## THE CORE LIBRARY

0121 704 6965

- **Councillor's Surgery** - these are face-to-face meetings held by councillors for local people to raise issues in their area. First and last Saturday of the month, 10.00am-12.00pm
- **Rhyme Time** - Wednesdays 10.15am to 10.30am, term-time only. A short interactive session for 0-2s that includes finger and action rhymes and songs. Come along and meet up with other parents/carers and discover what the library can offer your child
- **Meet and Play** - Fridays 10.15am to 11.15am, age 0 - 2 years (term time only). Our new

Meet and Play session offers the chance for young families to meet up, relax, chat, play, sing or make music together! The session is for families, led by families. Toys and musical instruments are provided. For more information contact 0121 704 6965.

- **Homework Club** - Tuesdays 3.45pm to 5.15pm, term time only
- **Silent Reading Cafe** - Held once a month on Thursday evenings, this is a chance to unwind and read in a cosy, informal environment without distractions. It begins with an hour of silent reading from 6pm with a chance to chat (if you want) between 7pm and 7.45pm.

## THE ST JOHNS HOTEL

SOLIHULL

### FESTIVE SUNDAY LUNCH

**Sunday 17th December 2017**

**Join us for our sumptuous 3 course Festive Sunday Lunch at St Johns Hotel.**

Enjoy a glass of mulled wine or soft drink on arrival before savouring our festive lunch, accompanied by our pianist and Christmas carols with a local choir. As a special treat for the children, Santa will make a visit!

**£22 per adult**

**£13 per child (5-12 year olds)**

**Children under 5 years are free**

**FOR MORE INFORMATION OR TO BOOK A TABLE,  
PLEASE CONTACT US ON 0121 711 3000**



## THE ST JOHNS HOTEL

SOLIHULL

### NEW YEAR'S EVE

**Celebrate New Year in style with  
the St Johns Hotel.**

Arrive for a glass of sparkling wine and canapes followed by a festive three course meal with coffee and mince pies.

An evening of entertainment awaits with our DJ and disco and midnight munchies of bacon and egg rolls will be served at midnight.

**£75 per person**

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---

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#### JOIN US FOR OUR WINTER WARMER ON SATURDAY 18th & SUNDAY 19th NOVEMBER.

Many of the shops will be offering complimentary drinks and nibbles. There will be discounts and offers, as well as tasty samples in the farm shop.

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# BELIEVE IN SOLIHULL THIS CHRISTMAS



Solihull brings you into the festive season with a traditional and warm welcome. This year the town centre will showcase a brand new 14-day Christmas market **(23rd November – 6th December)** with a variety of Christmas gifts, food and drinks on offer. It doesn't just end there, the town centre will be alive with 3 wise men and their camels, balloon modelling elves, Dickensian characters, stilt walkers, choirs, a grotto in Touchwood, a charity gift wrapping service in Mell Square and much more.

Keep an eye on our website for dates and times.

## WWW.SOLIHULLBID.CO.UK

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Sat 25th	THE SNOWBALL PARTY NIGHT with THE SOUNDATIONS	£39.50

## DECEMBER 2017

Fri 1st	THE 'TAKE THAT' SPECTACULAR with 'TAKE@THAT'	£39.50
Fri 1st	THE XMAS 'MAMMA MIA' PARTY with BOOTLEG ABBA	£37.50
Sat 2nd	CHRISTMAS 'MOTOWN' PARTY with THE BROTHERS OF SOUL	£42.50
Sat 2nd	BACK TO THE 60'S PARTY with THE REVOLVERS	£37.50
Fri 8th	SWINGING 60's & MOTOWN PARTY with THE KRYSTALETTES	£37.50
Fri 8th	CHRISTMAS 'BACK TO THE 80's' PARTY with 80's EXPERIENCE	£42.50
Fri 15th	The BEST 'PARTY ANIMALS' NIGHT with RANG A TANG	£39.50
Fri 15th	THE ULTIMATE SOUL PARTY with THE BOOZE BROTHERS	£42.50
Sat 16th	'HITS OF THE DECADES' PARTY with JARZINO	£39.50
Sat 16th	THE XMAS SOUL AND FUNK PARTY with 'MARKS BROTHERS'	£42.50
Tue 19th	OLLY MURS & BRUNO MARS PARTY with ROBBIE GLENN	£35.00
Wed 20th	GEORGE BENSON - STEVIE WONDER PARTY with NAT AUGUSTIN	£35.00
Thu 21st	THE No.1 ROD STEWART TRIBUTE with GARRY PEASE	£35.00
Fri 22nd	'BACK TO THE 80's' XMAS PARTY with GR80's	£35.00
Sat 23rd	CHRISTMAS MOTOWN DIVAS SHOW with THE DREAMETTES	£35.00
Sun 31st	NEW YEARS EVE 'BLACK TIE' MOTOWN BALL with THE BROTHERS OF SOUL	£85.00

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Sunday 17th December  
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CHRISTMAS EVE

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Tickets: **£3** (Includes a Drink)  
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## a taster of what's on in november & december ...

### CINEMA



#### **A Bad Mom's Christmas** from 3rd November

The bad moms are on a mission to reclaim Christmas. We reunite with Amy, Kiki and Carla for 'A Bad Moms Christmas', which finds them sick of the challenges of the holiday and keen to actually enjoy it for once.



#### **Murder on the Orient Express** from 10th November

Hercule Poirot must solve a murder on a luxury train. A lavish, luxurious train journey through Europe turns deadly in 'Murder On The Orient Express', forcing legendary detective Hercule Poirot to solve the case and find out whodunit.

#### **Only the Brave**

from 10th November

The Granite Mountain Hotshots were an elite team of firefighters who specialised in dealing with wildfires. And in June 2013, they met their match with the Yarnell Hill Fire. Sparked off by a lightning strike, the fire quickly grew and threatened to consume everything nearby. The Hotshots leapt into action to try and stop it from destroying their home, and many of them gave their lives to protect other people from the fire.



**To book please visit**  
[www.cineworld.co.uk](http://www.cineworld.co.uk)



### THEATRE

The Core Theatre, Solihull  
(formerly Solihull Arts Complex)

#### **Jack and the Beanstalk** Various dates between 8th and 31st December

Solihull's own 'Mr Panto' Malcolm Stent is treating audiences to one final dollop of sparkling fun and silliness as he takes to the stage in his panto finale... Jack & The Beanstalk - after an amazing 27 year pantomime run.



#### **The Summer of Love**

Friday 17th November

With original 1960s film footage, The Summer Of Love also features a full live band performing songs such as 'California Dreaming', 'San Francisco', 'Turn Turn, Turn', 'Somebody To Love', 'Happy Together', 'Brown Eyed Girl', and over 40 more classic songs from the summer that changed the world.



#### **80's Mania**

Saturday 18th November

Europe's Official 1980s Multi-Tribute Concert featuring 25 chart topping pop icons authentically recreated with live band and awesome dancers. Performing over 35 chart topping smash-hits live in concert, with tributes to Duran Duran, The Human League, Kim Wilde, Culture Club, Madonna, Wham!, Nena, Toni Basil, Frankie Goes to Hollywood, Bananarama, Dead or Alive, Madness and many many more!

**To book please visit** [www.thecoretheatresolihull.co.uk](http://www.thecoretheatresolihull.co.uk)

# first aid

It can take just a few minutes to save someone's life

**Y**our daughter has a nosebleed. Your father chokes on a piece of meat.

Your toddler swallows some floor cleaner. Would you know what to do?

First aid is the care given before the emergency services arrive. A blocked airway can kill someone in three to four minutes yet it can take eight to 12 minutes for an ambulance to arrive. Knowing how to open someone's airway could mean the difference between life and death.

Almost 4000 people per year die because of accidents in their homes and statistically you are far more likely to be called upon to administer first aid to someone you know than to a stranger.

The top ten injuries or accidents in the home are:

*Falls*  
*Strikes and collisions*  
*Cuts and abrasions*  
*Foreign bodies*  
*Over exertion e.g. moving heavy furniture*  
*Burns and scalds*  
*Crush injuries*  
*Bites and stings*  
*Puncture wounds e.g. stepping on a child's toy*  
*Suspected poisoning*

There are many myths and misconceptions about injuries. Here are the most common:

**Butter or cream is good for a burn** NO, immerse the injured limb in cool water.

**If you can move a limb it's not broken** NO, the

only sure way to tell if a limb is broken is to x-ray it.

**Put a bleeding wound under a tap** NO, by all means clean the wound if required but water will wash away the body's own clotting agents so compression with a clean dressing is the best way to staunch the flow.

**Make someone sick if they've swallowed poison** NO, this can block their airway or, if the substance is corrosive, damage it further.

Most first aid is common sense but learning some simple skills such as chest compressions (CPR) and the Heimlich manoeuvre will increase your confidence if an emergency arises. There are many organisations which provide short courses, most last just half a day. Your employer might provide training but if not you could enrol the whole family on a course and make an event of it. Even young children will feel empowered to learn new skills and you never know when they might come in useful!



# Oakland Group

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## Lighting Design Tips

The first point of a lighting design is deciding what elements you would like to illuminate. Start with seating areas, pathways, borders, attractive plants, trees and other garden features.

Once you have decided on the features, next consider how they are going to be illuminated.

For patios and seating areas try to achieve a subtle relaxed ambience.

Reflecting light off walls or fences helps soften the light and create a more pleasant environment.

For areas demanding a higher light intensity, direct light onto features and create a play of shadows on the background.



Spotlights are the most versatile light fitting and are perfect for illuminating trees and shrubs. They deliver amazing results.

Diffused light provides a uniform distribution of light and softened shadows.

Pathways through your garden work best at night with well placed post lights to guide pedestrians.

Use post lights in straight lines to enhance depth and perspective along your garden path.

Changes in height such as steps in your garden can be dangerous at night.

Installing small recessed lights into the steps or risers will prevent tripping or falls.



### Next Issue...

How LED's save money, why low voltage is safe and light strength explained.

By James Parnham

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For front entrance and back entrance, there are three main types of products used in homes today – wooden, UPVC and composite doors.

### UPVC Doors

UPVC doors are available in a wide range of colours and finishes and their comparative lower cost to alternative materials has made them popular in recent years. They also have other benefits, such as a higher resistance to weathering and generally require less maintenance



### Bifold doors

Bifold doors are built to stack neatly to one or both sides of an aperture when open. This allows people to move freely from inside to outside or from one room to another. These can be used as room dividers or to open onto a balcony or terrace.

### Composite Doors

As their name suggests, they are made up from several different materials to produce a robust, secure and attractive-looking to protect your home. The combination of materials, such as PVC, wood, insulating foam and GRP (glass reinforced plastic) results in a product that is very strong and requires no painting or varnishing to keep it looking good over its long lifetime. An occasional wipe with a damp cloth is all that is needed to keep it clean and retain its smart appearance.

### Porches





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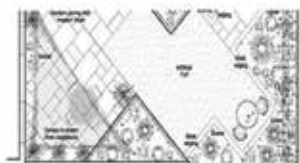
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Gillian Cain, Audi Birmingham, 31 July 2017

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# COMPETITION



## **WIN 4 tickets**

**to see Lily and the Little Snow Bear**

**Friday 22nd December, 1pm**

**The Core Theatre, Solihull (formerly Solihull Arts Complex)**

For your chance to win these tickets, worth £40, visit the Core Theatre website page for this event - [www.thecoretheatresolihull.co.uk](http://www.thecoretheatresolihull.co.uk) - to find the answer to this question:

**What's the name of the theatre company who performs this show?**

Email your answer to: [thecoretheatre@solihull.gov.uk](mailto:thecoretheatre@solihull.gov.uk) – and please put 'Lily' as the subject line

**Closing date for entries is 30th November and the winner will be drawn at random and notified by email after this date.**

### **About the Show:**

Lily lives with Grandpa in a pretty little cottage somewhere in the countryside. There are just two more sleeps until Christmas and it's snowing already! Lily love SNOW! So, she pops on her coat and sets off to explore. But when she discovers a trail of soft little footprints, she's in for a very big SURPRISE! This funny, heart-warming tale of friendship is the perfect treat for Christmas with exquisite puppets, enchanting music and a magical snowy setting. Little people ages 3+ will love this beautiful new show, but their grown-ups will have lots of fun too!

# tequila!

**T**equila is made from cactus juice: No, it's made only from the blue Agave plant which is related to the Amaryllis and the Lily. It is a succulent but definitely not a cactus.

Traditional Tequila has a worm in the bottom of the bottle: The worm in the bottle was never a traditional element and was only introduced into a similar drink, Mescal in the 1940s as a marketing ploy. Some American brands of Tequila followed

suit and the myth was born.

All Tequilas are the same: Heavens no! That would be like saying all single malts are the same. They vary a lot depending on the production process, the growing environment of the Agave plants including the temperature, the soil, the age of the plants and the means by which they're baked.

Seek out tequilas made completely from agave — they're much smoother and can be sipped neat.

Blanco or silver tequilas are virtually unaged so are zesty and spicy.

Reposado tequilas are aged for 2-12 months in oak barrels. This gives them more of a warm woody flavour.

Añejos tequilas are aged for longer - 1 to 4 years, and are very woody.

Many people consider the reposado tequilas to give the best balance between the agave profile and the wood but it's really down to personal taste.

## Mindbenders

Can you find the hidden phrases?

pat  
eht

wink wink wink wink wink  
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wink wink wink wink wink

T  
C  
A

Answers on page 45



Land Rover Sports  
& Social Club

### FORTHCOMING EVENTS

#### JOHN HOLT TRIBUTE 9th November 2017

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#### THE GARAGE BAND 31st December 2017

The Garage Band are an 8-piece soul, rhythm 'n' blues band, whose arsenal of tunes runs from classic soul to funk to rock 'n' roll with film classics and more, including plenty of audience participation along the way.

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# Pear Tart Tatin

A slightly different take on a traditional tart tatin



**Preparation time: 1 hour 20 minutes**

## Ingredients:

125g caster sugar  
40g cold butter, chopped  
1/2 tsp ground ginger  
1/2 tsp ground cinnamon  
3 large pears, peeled, cored and cut into wedges  
375g all-butter puff pastry  
Double cream, to serve

## Method

Preheat oven to 200C/gas 6. Put a 21cm-diameter frying pan with an ovenproof handle (this bit is important!) on a hob over a medium heat. Add the sugar to the dry pan and heat, stirring constantly until it turns a lovely caramel colour. Add the butter, ginger and cinnamon and stir well to combine.

Place the pears in the caramel and spoon over the mixture. Turn the heat down and cook for 5–10 minutes until the pears are just tender and cooked but retain their shape. Remove from the heat and cool slightly. Arrange the pears to form an attractive pattern in the pan.

Roll out the pastry to about 5mm thick and cut a disc slightly bigger than your pan (about 24cm). Place the pastry disc on top of the pears and caramel, then carefully tuck it snugly around the outside of the pears and down into the sides of the pan.

Bake the pie in the oven for 30–40 minutes, or until the pastry is golden brown and puffed up. Remove from the oven and leave for 10 minutes. Run a knife around the edge, place a large plate over the top and carefully turn the tart onto the plate. Serve with cream.

# the poppy factory

Major George Howson was an engineer. He was a man of great energy and determination. He won the military cross in WWI. He was addicted to strong Turkish cigarettes and bought them 10000 at a time. He was also the founder of The Royal British Legion Poppy factory!

Through the work of Anna Guerin of France and Moina Michael of the USA, both very practical women who took Lieutenant Colonel John McCrae's famous poem, "In Flanders Fields", and devised a way of raising vital funds for wartime charities. The British Legion had been set up the year before and the very first French Poppy Appeal – using silk poppies made by widows - had raised £106,000. In 1921 the first British Poppy appeal was held. In the first year the poppies were imported from France and there was huge demand as poppies quickly became the icons of remembrance. The Major made a connection; Remembrance Day needed poppies and wounded ex-soldiers needed work. In a letter to his parents he spoke of using a £2000 cheque he had been given to set up a factory to, '...give the disabled their chance.' He wrote that he felt the project would probably not be successful but that he ought to attempt it anyway.

He set up The Disabled Society in London with just five injured ex-servicemen, and in spite of his initial lack of optimism, in few years that had grown to 350 men. He set up a sister factory in Edinburgh to supply poppies to Scotland, and the London factory moved to larger premises near the Thames in Richmond and was renamed The Poppy Factory.

As time went on the needs of veterans changed. They wanted to work in their own communities, closer to their families and to use the many and varied skills they had acquired during their careers in the armed services, prior to becoming injured.

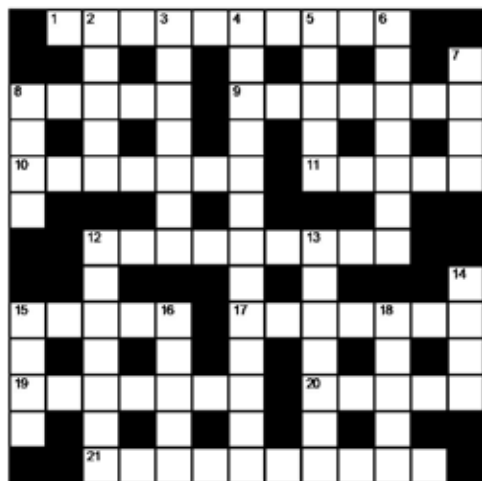
In 2010, The Poppy Factory began to actively help disabled ex-Service find the work they wanted in the places they wanted to be. It continues to build on its strong historical foundations to provide an employability service that supports hundreds of ex-Service personnel with varying health challenges into meaningful employment with businesses across the country every year.

Moina Michael was an American professor. She wrote a response to McCrae's poem in 1918 entitled We Shall Keep The Faith. She vowed to always wear a poppy as a symbol of Remembrance for those who served in the war.

She realised the need to provide financial and occupational support for ex-Servicemen after teaching a class of disabled veterans at the University of Georgia, and so she pursued the idea of selling silk poppies to raise funds for them.



## crossword

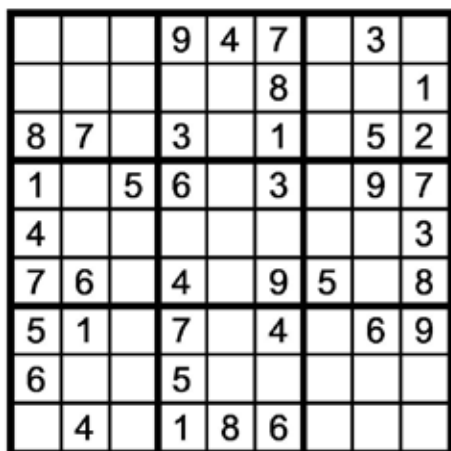


## clues

- 1 Spotty breed of dog (10)
- 8 Popular TV serials (5)
- 9 Ballistic weapon (7)
- 10 Take someone's breath away (7)
- 11 \_\_\_\_\_ wave, huge destructive volume of water (5)
- 12 Very poorly (2,1,3,3)
- 15 Return money (5)
- 17 A part of the body that's often pierced (3,4)
- 19 Brides carry one of these (7)
- 20 Smoothly slip (5)
- 21 Exhibiting (10)

### Down

- 2 Astonish, surprise (5)
- 3 Eyelash cosmetic (7)
- 4 Emotional, moody (13)
- 5 Valuable possession (5)
- 6 Rapidly revolve clothes to remove water after washing. (4-3)
- 7 Shout, holler (4)
- 8 Footwear (4)
- 12 Seize and take legal custody of an item (7)
- 13 Lazy, disinclined to get a job (4-3)
- 14 In this place (4)
- 15 Cloak, cape (4)
- 16 Opposite of 'mine' (5)
- 18 Tear-inducing vegetable (5)



## how to play sudoku

### It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answers on page 45

# useful numbers

## Health

NHS non-emergency	111
Grove Surgery	0121 705 1105
Northbrook Group Practice	0121 746 5000
Hobs Moat Medical Centre	0121 742 5211
Solihull Hospital	0121 424 2000
Spire Parkway Hospital	0845 850 1451

## Council

Solihull Council	0121 704 6000
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## Utilities

Electricity power cut	0800 6783 105
Gas leak	0800 111 9999
Severn Trent Water	024 7771 5000
Severn Trent Water (emergencies)	0800 783 4444

## Travel

National Rail Enquiries	03457 48 49 50
Network West Midlands (buses)	0345 303 6760

## LOCAL COUNCILLORS

### SILHILL

#### Margaret Bassett

Tel: 0121 706 9045  
margaret.bassett@solihull.gov.uk

#### Peter Hogarth MBE

Tel: 0121 705 5455  
phogarth@solihull.gov.uk

#### Robert Hulland

Tel: 0121 707 0493  
rhulland@solihull.gov.uk

### ST ALPHEGE

#### Stuart Davis

Tel: 01564 776293  
sdavis@solihull.gov.uk

#### Joe Tildesley

Tel: 0121 705 3086  
joetildesley@solihull.gov.uk

#### Kate Wild

Tel: 07917 550 644  
kawild@solihull.gov.uk

**Councillor surgeries** these are face-to-face meetings held by councillors for local people to raise issues in their area. Held at The Core Library, Solihull on the first and last Saturday of the month, 10am – 12 noon.

## local police contact for Solihull

Solihull police station

Telephone: 0845 113 5000



**Architects**

5 Progression 01564 730191

**Bathrooms**19 EH Smith 0121 713 7100  
23 OT Bathrooms 0121 707 8612**Blinds / Curtains / Fabric**6 Tudor Rose Curtains 0121 445 2072  
6 Soft Options 01564 783399**Car Services**1 Easylease 0121 693 0573  
46 Johnsons Cars 01564 454081  
47 Crossroads Service Station 01564 703225  
47 Steve Lane Cars 01564 822209**Care Services**16 Helping Hands 0121 514 6797  
29 Home Instead 0121 270 4615  
29 Bluebird Care 0121 711 7435**Carpets**

28 Don Mander 01564 700 200

**Central Heating / Gas Services / Boilers**

7 Stephen Smith &amp; Son 01564 200119

**Cleaning Services**2 Real Clean 0121 733 7792  
26 Merry Maids 0121 340 3150  
29 Reach & Wash Window Cleaning 07842 167986**Drives**

11 Dimension Landscape &amp; Driveways 0121 733 1463

**Estate Agents**

17 Primus 01564 777314

**Events**9 St Johns Hotel 0121 711 3000  
12 Hatton Adventure World 01926 843411  
13 Earlswood Garden & Landscape Centre 01564 702314  
20 Christmas in Solihull 0121 285 1370  
21 Nailcote Hall 02476 466174  
24-25 Solihull Sports & Social Club 0121 705 1192  
39 Land Rover Sports & Social Club 0121 742 5490**Fascias & Gutters**

27 Proline 0800 956 1315

**Fireplaces**

26 Woodglow 0121 707 2306

**Garden Centres / Services / Landscaping**10 Oakland Group - lights 0121 416 0408  
11 Dimension Landscape & Driveways 0121 733 1463  
22 Oakland Group - lights 0121 416 0408  
37 Oakland Group 0700 598 2828**Graphic Design**

40 Hotlobster Design Ltd 0121 369 1977

**Health & Beauty & Wellbeing**7 Daleswood Health 01675 489489  
14 The Dentists Dorridge 01564 779868  
28 Hearing & Mobility 0121 777 8383**Kitchens**

19 EH Smith 0121 713 7100

**Memorials**

18 Yardley Memorials 0121 706 2473

**Plumbing**

7 Stephen Smith &amp; Son 01564 200119

**Restaurants**

3 The Barn at Berryfields 01676 522155

**Roofing**

48 N Bird &amp; Son 0800 195 6946

**Sewing**

6 Sew To It Sewing School 01564 792083

**Shopping**

15 Yew Tree Farm 01564 792701

**Stairs**

27 Lyndale Stairs 01543 677780

**Venue Hire**

14 Solihull Indoor Bowls Club 0121 709 2233

**Windows & Doors**33 BMT 0121 771 4999  
34-35 Mainstream 01564 320013  
36 Howard Yarnold 0121 414 0808**Sudoku Solution**  
from page 43**Crossword Solution**  
from page 43**Solution to Mind benders**

1. Pat on the back
2. Forty winks
3. Balancing act

**Mindbenders Solution**  
from page 39

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