the solihull index

a community magazine and business directory for residents of solihull delivered FREE to 5700 homes



FREE QUOTES

EST 1987 SOLIHULL BASED

Small Repairs
 Chimney Work

- Flat Roofs
- Lead Work
- New Roofs
- UPVC Fascia & Soffits

GRP Flat Roofs

Ridge Tiles

7 2 8

Small brickwork jobs









249 Lyndon Road, Solihull B92 7QP

LOCAL FAMILY RUN BUSINESS



Belmont@Home provide bespoke home care service designed to fit perfectly around each individual.

Get in touch today for your free no obligation conversation so we can learn more about your needs.

Get in touch today
0121 295 8905
homecare@belmonthealthcare.co.uk

Belmont @ Home is here to support you, whether you need a chaperone for appointments, help with personal care, organisation of social activities, companionship, assistance with admin, housekeeping or preparing meals.

The flexibility of our homecare service enables you to live safely and comfortably in the place you know best – your own home. We can offer daily or weekly visits, from 30 minutes to as long as you need.

Belmont@Home care services flex to each individual because every day is different









A Spring Day Out

Nestled in the beautiful Warwickshire countryside, with oodles of space, fresh air and plenty to explore. From our wonderful Shopping Village, Country Walks, Gastro Pub, & Escape Rooms... Hatton Country World has attractions for the whole family to enjoy.

Shopping Village

Enjoy **Shopping as it Should be** in our delightful Shopping Village. Home to some 15 independent local shops. From **Jewellery** and **Ladies Fashion** to **Bikes** and **Dog Apparel** there is lots to explore. You'll be sure to find **The Unusual, Unique & Boutique.**

PLUS, our fabulous **Garden Centre**, part of the **British Garden Centre** family, has everything you need to get your garden ready for spring.

Outdoor Markets

And there is even more to explore at our outdoor markets

Spring Markets Sat 29th April to Mon 1st May Farmers Market & Food Fayre Sat 13th & Sun 14th May Hatton Locks & Country Walks

Then why not take a walk around the beautiful Warwickshire countryside, with 3 routes to choose from and stunning views. Including the iconic **Hatton Locks**, the longest flight on the whole Grand Union - 21 separate locks - Hatton is known as **The Stairway to Heaven**. Visit our website to download our walks leaflet.

Hatton Arms

Once you've worked up an appetite, relax and refuel at the **Hatton Arms** and try their delicious **Spring Menu.**Overlooking the Hatton Locks, originally an 18th century coaching inn, now a **gastro pub** with delicious meals crafted from locally sourced produce. It's also the perfect way to debrief once you've escaped from one of our Escape Rooms...

Escape Rooms

Experience one of our brilliant Escape Rooms, **TripAdvisor Travellers' Choice Award Winner 2022**. Find out what all the fuss is about and try these award winning adventures for yourself. Go undercover in 1920's Chicago or seek treasure on a pirate ship. **Will You Escape?**

For more information on all of the above please visit our website.









01926 843411 HATTON COUNTRY WORLD.
hattonworld.com HATTON, WARWICK,
CV35 8XA

Have an Eggsellent Easter!

Welcome to the April edition

Hope you enjoyed your lovely long Bank Holiday weekend – whether you relaxed, jetted off on a long-awaited break, or just used the time to catch up on all those jobs that never seem to get done.

And if you need help sorting out that neverending list, why not see if some of the people and businesses who advertise in here can help you. Whether you need your roof fixed, the kitchen updated, your washing machine repaired, the house decorated, or a new carpet, there's lots of lovely local and helpful people in here who can help.



Zoe Reece Tel: 07557 220585

Email: zoe@dorridgedirectory.com

www.solihullindex.com









What's all the buzz about!

Want to get the most out of Solihull?

- » Enter competitions
- » Find offers

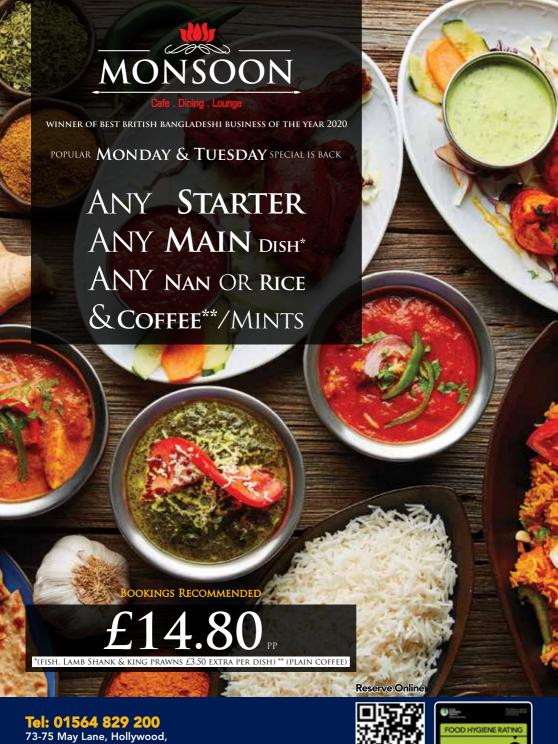
- » Discover local events
- » Find local businesses

Then visit www.thelocalbuzz.co.uk



Locally designed by: hotlobster design Itd Printed by: Norwood Press

PLEASE RECYCLE THIS MAGAZINE



Birmingham, B47 5PA www.monsoon.restaurant





community events

Coronation Celebration

8 May, from 10am, Knowle Village Hall

Tea, coffee and delicious homemade cakes will be available and you are cordially invited to join in, relax and enjoy refreshment on this very special Bank Holiday.

Tea/coffee £1 / Cakes £1.



The Commitments

24-29 April, Birmingham Hippodrome

The Commitments tells the story of Jimmy Rabbitte, a young working-class music fan who dreams of starting the finest soul band Dublin has ever produced. Tickets from www. birminghamhippodrome.com





Kinky Boots

25-29 April, Core Theatre Solihull

Based on thejoyously gritty British film inspired by true events, and featuring original songs from pop icon Cyndi Lauper, this hilariously high heeled winner of the Tony Best Musical Award is the ultimate feel-good experience.



The Reggae Shed

29 April. Shirley British Legion

DJ Dancerider made a real name for himself during Lockdown by providing top class reggae music live each week from The Reggae Shed. Tickets from www. tributenightpromotions.co.uk



FOR DETAILS ON MORE EVENTS IN SOLIHULL PLUS MUCH MORE...

Check out our new website www.thelocalbuzz.co.uk

Need A New Roof?

We Specialise in High Quality Roof Installations

Our Services For Our Customers Have Just Got Even Better *** We Are Now Installing Solar Energy Panels ***

That's right, our customers can now start to reduce their energy bills. **Receive 10% Discount off our Solar Panel Installations booked in December & January if undertaken** with any new roof installation.

All Aspects of Building Renovations



Rubber & Glass Fibre Approved Installers



Main Roof Replacements



Velux Skylights





Mortar Free Verge. **Ridge and Valley Systems**



Chimney Rebuilds & Repairs



Flat Roof Skypods



IT? FINANCE IT! MAKING MORE POS NG 0% FINANCE OPTIONS NOW AVAIL

We can now offer all qualifying homeowners the ability to spread the cost of all of your roofing projects, Packages can be tailored to suit your requirements, offering you the chance to get that dream project completed now!

10% Discount with this advert in December and January on certain products



Over 35 Years Experience providing services to Solihull and













COVENTRY & WARM/CKSHIRE BUILDING & ROCFING SERVICES LTD T/A Michael Kavenagh Building & Rocfing Services are authorised and regulated by the Financial Conduct Authority FRN 945058. We act as a credit broker not a lender and offer finance from a partiel of lenders. Your pleasand rate will depend on the Gan amount and term you requised and your presonal consumbances. Representative exemples, Casta price Services, Sool, less a deposit of 212.5. Table Jan amount 65.375. Representative acceptance of 131.38.8 with a final payment of 131.38.2. Total charge for credit 51.564.39. Total amount repayable 18,029.39 (includes 52,125 deposit), interest rate 9.4% per annum fixed. Representative Labor 90%, fixed.

0121 663 1778 / 0800 056 59 90 / 07932 335 294 💿



Check out our reviews TrustATrader.com

Email: info@michaelkavanaghroofing.co.uk f @





We Accept all Major Credit & Debit Cards



Website: michaelkavanaghroofing.co.uk Office: Earls Court, Warwick Street, Earlsdon, Coventry, CV5 6ET

Improve, Don't Move!

Maximise the value of your home.

- SPACE-SAVING MAXIMISE YOUR GARAGE HEADROOM
- SECURITY-ENABLED AUTO-LOCKING SYSTEM
- **CHOICE OF 21 COLOURS TO MATCH YOUR HOME**
- REMOVAL AND RECYCLING OF YOUR OLD DOOR
- **DEDICATED AFTER-CARE TEAM**



0121 369 0933

LINES OPEN 7 DAYS A WEEK

www.garolla.co.uk









BESPOKE ELECTRIC DOORS MANUFACTURED IN THE UK





For your FREE quotation please contact **React Roofing today!**



- FASCIAS, SOFFITS & GUTTERING
- FLAT ROOF SPECIALISTS
- GRP FIBRE GLASS ROOFING
- LEAD WORK
- CHIMNEY REPAIRS & BUILDS



Tel: 07922 230 477

Email: reactroofingservices@gmail.com

www.reactroofingservices.co.uk Based in Solihull

AP ALLOYS & BUMPER REPAIRS

Mobile service to your home or business



ALLOY WHEEL REFURBISHMENT

(Full Face of Wheel)

Vandal Scratches - Plastic Bumper Damage Headlight Restoration - Dents + Scrapes to any panels Stonechips- Machine Polishing FREE Quotations - Main Dealer Approved Aircon Regas service now available

Call Andy now for a fast, prompt and professional service. Or for an instant quote, text or WhatsApp images to him on:

07972 852 758



HOMEBUYER SURVEYS, BUILDING SURVEYS & VALUATIONS

If you need honest and pragmatic advice, but also appreciate a friendly face and heaps of enthusiasm, then Karena is the lady to go to for all your surveying solutions.

- **RICS Chartered Surveyor**
- **RICS Registered Valuer**
- RICS Level 2 & 3 Property Surveys
- Short Property Reports
- Party Wall Awards
- Valuations for Help to Buy, Shared Ownership & Probate
- · Over 33 years' experience



Please contact Karena for more information. 01926 612121 / 07752 134874

admin@greenchameleon.net www.greenchameleon.net



Why not invest in a new driveway or patio to enhance the appearance and add value to your property?



Clay & Block Paving · Patios Tarmacing (red or black) Landscaping - Fencing - Gravel Brickwork - Slabbing Property Repairs Roofing Repairs Driveway Maintenance (pressure cleaning @ sealing - weed free)



www.centraldrivewayslimited.com

Get in touch today for a FREE quotation T: 0121 702 1456 M: 07748 577687 Michael.central@icloud.com



All guttering cleaned and repaired from £49.99

A fully insured and highly skilled roofing company based in Solihull, West Midlands with many years experience. Deluxe Roofing Ltdis a professional, reliable roofing company with unrivalled expertise in the industry.

- New Roofs
 Flat Roofs
 Minor Repairs
 Fascias and Guttering
- Insurance Work
 Moss Removal
 Rebedding of Ridge Tiles
 Chimneys Valleys
 All Guttering Cleaned and serviced from £39.99

OFFICE: 0121 314 99 53 FREEPHONE: 0800 747 14 61

UNIT 70, 123 STRATFORD ROAD, SHIRLEY. B90 3ND (MIDLANDS BRANCH), COVENTRY, SHIRLEY

WWW.DELUXEROOFINGLTD.CO.UK

• SOLIHULL • KNOWLE • DORRIDGE • SHIRLEY • WYTHALL • HOLLYWOOD • CHESWICK GREEN

External Cleaning Specialists

Our Services

- Patio Cleanina
- Driveway Cleaning
- Roof Cleanina
- Gutter Cleaning
- Fascia & Soffit Cleaning
- Car Park Cleaning
- Cladding Cleaning





0121 369 0070 07546 264164

☑ enquiries@solclean.co.uk ③ www.solclean.co.uk





- Wet rooms
- Walk in showers and baths
- Waterproof wall panelling
- Slip resistant safety flooring
- Grab rails, shower seats & raised toilets
- Disabled Facilities Grants
- Discounts for over 60s, and EX Service personnel
- Charity work and grants



free survey and quote

Call for our friendly advice, 0121 3719631





Checkatrade.com



info@ahminstallations.co.uk www.ahminstallations.co.uk *Terms and conditions apply, visit our website for more details.



ROOFING AND BUILDING SOLUTIONS



Built on trust and reliability, we have been in the roofing business for over 30 years

Our services include:

- New slate and tiled roofs
- Flat roofs
- Chimneys
- Velux roof windows
- Repointing
- Roof timberwork
- Solar panel installation
- And more!

Our highly qualified roofing experts will complete your roofing tasks, quickly and efficiently.

Please call John: 07854 623 592 or Office: 0330 043 6806 to arrange your free inspection and quotation.

john@reviveroofingandbuildingsolutions.co.uk www.reviveroofingandbuildingsolutions.co.uk





Traditional Afternoon Tea



£14 each

Tuesdays from 12noon - 3.30pm

Enjoy a selection of sandwiches, delicious cakes and freshly baked scones

Please pre-book on 07730 145605 or bookings@solihullRBLclub.com

Please advise of any food allergies or intolerances.

Solihull RBL. Broomfields Hall. 18 Union Road, Solihull, B91 3DH

Number 1 Flooring

The Flooring EXPERTS

- LAMINATES
- SOLID WOOD
- ENGINEERED WOOD
- REAL WOOD
- HERRINGBONE FLOORING

- VINYLS
- CARPETS
- LVT LUXURY VINYL TILES
- SPC VINYL FLOORING
- ACCESSORIES



Open Monday to Saturday 9am to 6pm and Sunday 10.30am – 4.30pm

0121 745 9352

www.number1flooring.co.uk bham@number1flooring.co.uk

266-268 Stratford Road, Shirley, Solihull B90 3AD





What is a Trust?

Families have used trusts to protect their wealth for centuries.

But what is a trust? Hannah Tait, partner at Shakespeare Martineau in Solihull explains...

What is a trust?

A trust is the formal transfer of assets (e.g. property, shares or cash) to a small group of people known as "trustees", with instructions that they hold the assets for beneficiaries. If the trust is to be made in your lifetime, then it is usually evidenced by a trust deed, often referred to as a 'settlement deed'. If it is to be created on or shortly after your death, then the trust rules must be set out in your will, known as a 'will trust'.

What are the different types of trust? Discretionary trust

The key element of a discretionary trust is that no one beneficiary has an absolute right to receive income generated by the trust assets (e.g. dividends, rental income) or to receive any capital. Such decisions are made by Trustees, and usually there will be a Letter of Wishes to guide them. As none of the chosen beneficiaries have an automatic right to either income or capital, none of the trust assets are deemed to be theirs and therefore, do not generally impact their entitlement to receive benefits, or form part of their own estate for inheritance tax purposes. This type of trust forms part of a tax regime called the relevant property regime.

Interest in possession trust

This type of trust generally means beneficiaries have the right to receive an income from the trust assets, or occupy property that the trust owns.

Generally, your trustees do not have the discretion to deprive chosen beneficiaries of that right, and any income generated by the trust must be paid over to them. Given that the beneficiary has the right to receive income from the trust, this will impact their own tax position when they receive the income and the trust assets will form part of their estate for inheritance tax purposes when they die.

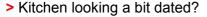
Bare trusts

Bare trusts are the most basic type of trust structures and are particularly useful as a means of accurately recording the true beneficial ownership of an asset, while the legal title is still vested in another (for example, while an adult trustee holds the legal title of a property on behalf of a child). For all tax purposes, the underlying trust assets are treated as though they are held in the beneficiary's own hands (with certain exceptions for minors).

For more information and support call 0330 024 0333 email hannah.Tait@shma.co.uk or visit www.shma.co.uk



LOOKING TO TRANSFORM YOUR PROPERTY?



- > Bathroom in need of a refurb?
- > Not enough space and would love to extend?

Then get in touch with our Solihull-based

> home improvements team who can transform your property.





07814 146171

rdshomeimprovementsltd@gmail.com 53A Warwick Road, Solihull, B92 7HS

Does your website look old, dated and you're not sure what to do?



hotlobster design offers you up-to-date websites to replace your tired ones.

Bespoke content managed websites are cheaper than you think. Call now for a chat about your website, social media & marketing needs.



0121 369 1977



EST FAMILY BUSINESS

NEW TILED ROOFS•GUTTERS FLAT ROOFS•BRICK WORK LEADWORK•SMALL REPAIRS UPVC FASCIAS•CHIMNEYS

STORMING CONTRACT

01564 790008 0121 733 1276

WWW.CSTEVENSROOFING.CO.UK

	1					4	7	
			1	4				2
		5		2	9			1
	6				1		2	
5		9				1		3
	7		4				6	
4			9	5		8		
1				7	4			
	2	7					3	

how to play SUCOKU

It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition.
You don't need to be a genius. These puzzles use logic alone. Watch out!
Sudoku is highly addictive.

answer on page 22



DRIVEWAYS & LANDSCAPE SOLUTIONS



our high standards of workmanship

like for like genuine We will beat any written quote

Clay & Block Paving • Tarmacing (Red or Black)

Patios • Brickwork • Slabbing • Gravel • Landscaping

Fencing • Property Repairs • Roofing Repairs

Driveway Maintenance (Pressure cleaning & Sealing - weed free

0145 Solihuli

and Leamington Kenilworth, Warwick

E:projectspaving@icloud.com



Find us on Facebook



area please visit www.projectspaving.co.uk To see our current range of work carried out in your local

328 Alcester Road Wythall B47 6JR

COMPETITION



Win 2 tickets to see the **Brighouse & Rastrick Band**

The Brighouse & Rastrick Band is regarded by many as the best and most consistent 'public subscription band' in the world. In its time the majority of premier band championships have been held by 'Briggus', most recently becoming National Champion Band of Great Britain in 2017. The band has also attracted a formidable reputation for highly entertaining concerts for both the general public and brass band connoisseur.

How to enter

For your chance to win, email zoe@dorridgedirectory.com with the subject line Band and you will be added to our database to receive our monthly e-newsletter about offers and events in Solihull. The winners will be notified by email after the closing date of 1 May 2023. There is no cash value nor exchange for this prize.



Bupa care home near you

Nursing | Residential | Short stay





carehome.co.uk Review Score 59 reviews

The Priory Care Home 1 Shelly Crescent, Monkspath, Shirley B90 4XA

The Review Score is based on the quality and number of independent reviews this home has received on carehome.co.uk in the last two years, at the time of going to print.



No health insurance needed

Call our helpful care team to get started

O121 756 8712

bupa.co.uk/care-services

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. Calls are charged at no more than local rate and count towards any inclusive minutes from mobiles. We may record or monitor our calls.





Care Home Provider of the Year 2022

JRT EXTERIOR CLEAN



- ✓ Driveways
- ✓ Patios
- ✓ Ladderless Gutter Cleans
- √ Fascia's & Soffits
- ✓ Pressure Washing

We thrive on cleaning your drive

CALL 07368544115

National Pet Month

pril is National Pet Month, which celebrates and raises awareness of responsible pet ownership through educational campaigns. During the pandemic, many more families acquired a doa and there are now around 12 million pet dogs in the UK. Owning a dog comes with significant responsibilities, which are crucial not just for the well-being of your pet, but also for the safety of other people and animals in your community.

The basics: food, water,

shelter, and medical care

- Your dog needs high-quality food appropriate for their age, breed, and size. They must have access to clean drinking water and a comfortable place to sleep. Regular checkups at the vet for vaccinations, and preventative care are essential.

Exercise and mental

stimulation - Dogs are highly active animals social animals that need to be able to run, play, and explore. Without adequate exercise, dogs can become overweight, lethargic, and develop behavioural



issues. Mental stimulation such as interactive toys, puzzle games, or agility sessions, are important to keep their minds active and engaged. During National Pet Month there will be lots of advice and professional guidance about caring for your dog so that you can enjoy a healthy, happy, and safe life together.





What's all the buzz about!

Want to get the most out of Solihull?

- » Enter competitions
- » Find offers

- » Discover local events
- » Find local businesses

Then visit www.thelocalbuzz.co.uk



LOCAL COUNCILLORS SOLIHULL / SILHILL

Mike Gough Tel: 07480 253181 Michael.gough@solihull.gov.uk

Peter Hogarth MBE Tel: 0121 705 5455

phogarth@solihull.gov.uk

Wazma Qais

Tel: 0121 709 3404 wazma.aais@solihull.aov.uk

ST ALPHEGE

Joe Tildesley

Tel: 0121 705 3086 joetildesley@solihull.gov.uk

Angela Sandison

Tel: 07500 557427

angela.sandison@solihull.gov.uk

Samantha Gethen

samantha.gethen@solihull.gov.uk

8	1	2	6	3	5	4	7	9
7	9	3	1	4	8	6	5	2
6	4	5	7	2	9	3	8	1
3	6	4	5	9	1	7	2	8
5	8	9	2	6	7	1	4	3
2	7	1	4	8	3	9	6	5
4	3	6	9	5	2	8	1	7
1	5	8	3	7	4	2	9	6
9	2	7	8	1	6	5	3	4

Suduko Solution from page 17

local police contact for solihull

Solihull Police Station: 0845 113 5000 or 101

Shirley Lions Club	0345 833 9547
Health	
NHS non-emergency	111
Grove Surgery	0121 705 1105
Northbrook Group Practice	0121 746 5000
Hobs Moat Medical Centre	0121 742 5211
Solihull Hospital	0121 424 2000
Spire Parkway Hospital	0121 704 1451
Daleswood Health, Solihull	01675 489489
Council	
Solihull Council	0121 704 6000
Utilities	
Electricity power cut	0800 6783 105
Gas leak	0800 111 9999
Severn Trent Water	024 7771 5000
Severn Trent Water (emergencies)	0800 783 4444
Travel	
National Rail Enquiries	03457 48 49 50
Network West Midlands (buses)	0345 303 6760

Councillor surgeries these are face-to-face meetings held by councillors for local people to raise issues in their area. Held at The Core Library, Solihull on the first and last Saturday of the month, 10am - 12 noon.



Private Wound Care Nursing

This service is available free of charge if you choose to participate in product evaluations or trials, such as comparing healing rates between dressings.

- Experienced expert wound care nurses visit you at home
- Appointment times to suit you
- · We optimise every aspect of healing to maximise results
- Friendly and efficient service
- Weekly or frequent visits
- · Same nurses visit each time





0121 663 1836

info@homewoundcare.co.uk www.homewoundcare.co.uk



Speeding up Wound Healing

by Dr Daphne Hazell, GP. **Home Wound Care**

ur patients often ask us what they can do to help their skin heal faster after an injury and we offer the following advice. Food: People with wounds need

a lot more protein in their diet to aid healing but achieving the recommended protein intake for wound healing can be challenging. Simple changes we recommend include eggs with your morning toast, high protein yoghurts, protein pasta and high protein snack bars. Vitamins and antioxidants in

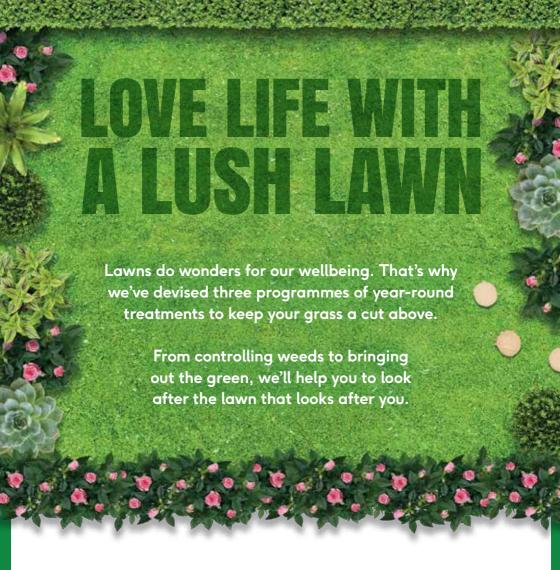
fresh fruit and vegetables also help improve wound healing. **Alcohol:** Alcohol significantly reduces the rate of skin repair and high alcohol use doubles the risk of wound infections. We recommend cutting down alcohol to an occasional drink, and no more than 2 drinks on any one occasion.

Exercise: Exercise reduces inflammation and maintains wellbeing. By using dressings and medical adhesives that stay secure longer and waterproofed from sweat or water, it is possible to exercise without dressings falling off. Homewoundcare.co.uk



provides specialist wound care nurses who deliver effective wound care in your home or office. Our excellent private service is free of charge to those who are happy to participate in product evaluations or trials.

To get in touch to discuss how we can help you please call 0120 663 1836 or email info@ homewoundcare.co.uk



Green Thumb



Scan here

Discover more at greenthumb.co.uk

Solihull branch - 0121 705 6395 solihull@greenthumb.co.uk