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Love is in the air!

Welcome to the February edition

Hopefully you had a Valentine's Day full of love, whether it was love from a partner, a family member, a friend, or a pet!

But if Valentine's Day just passed you by, why not show your home some love instead? There's a wide range of local businesses and tradespeople in here who can help you improve your home, whether you need doors, driveways, or decorating.

Zoe

Zoe Reece

Tel: 07557 220585

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A close-up photograph of a hand pressing a large, pink, rectangular button labeled 'Advertise' on a white computer keyboard. The button is slightly raised and has a soft shadow. The surrounding keys are white with black lettering. The background is a blurred view of the keyboard and the hand.

Contact Zoe Reece on 07557 220585 / zoe@dorridgedirectory.com

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community events

Elvis Tribute Night

23 March, Shirley

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Join in for a sensational night of music and entertainment as they pay tribute to the King of Rock 'n' Roll with Mark Green as Elvis Presley. Get ready to be transported back in time to the era of Elvis. Feel free to come on your own or bring your friends along for a fantastic night of Elvis tribute music! Tickets from www.tributenightpromotions.co.uk

Diamond Nights - Tribute to Neil Diamond

22 March, The Lake at Barston

Don't let them tell you that Neil Diamond doesn't rock! Their longest lasting tribute artist performs "Love

on the Rocks", "Coming to America", "Sweet Caroline", "Crackling Rosie" and "Song Sung Blue". This show will be followed up by a few party songs to get you up dancing. To book tickets call 01675 444890

Michael Bublé Tribute with Bootleg Bublé

9 March, Nailcote HALL

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13 April, Land Rover Sports & Social Club

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What is a Trust?

Families have used trusts to protect their wealth for centuries. But what is a trust?

Hannah Tait, partner at Shakespeare Martineau in Solihull explains...

What is a trust?

A trust is the formal transfer of assets (e.g. property, shares or cash) to a small group of people known as “trustees”, with instructions that they hold the assets for beneficiaries.

If the trust is to be made in your lifetime, then it is usually evidenced by a trust deed, often referred to as a ‘settlement deed’. If it is to be created on or shortly after your death, then the trust rules must be set out in your will, known as a ‘will trust’.

What are the different types of trust?

Discretionary trust

The key element of a discretionary trust is that no one beneficiary has an absolute right to receive income generated by the trust assets (e.g. dividends, rental income) or to receive any capital. Such decisions are made by Trustees, and usually there will be a Letter of Wishes to guide them.

As none of the chosen beneficiaries have an automatic right to either income or capital, none of the trust assets are deemed to be theirs and therefore, do not generally impact their entitlement to receive benefits, or form part of their own estate for inheritance tax purposes. This type of trust forms part of a tax regime called the relevant property regime.

Interest in possession trust

This type of trust generally means beneficiaries have the right to receive an income from the trust assets, or occupy property that the trust owns. Generally, your trustees do not have the discretion to deprive chosen beneficiaries of that right, and any income generated by the trust must be paid over to them. Given that the beneficiary has the right to receive income from the trust, this will impact their own tax position when they receive the income and the trust assets will form part of their estate for inheritance tax purposes when they die.

Bare trusts

Bare trusts are the most basic type of trust structures and are particularly useful as a means of accurately recording the true beneficial ownership of an asset, while the legal title is still vested in another (for example, while an adult trustee holds the legal title of a property on behalf of a child). For all tax purposes, the underlying trust assets are treated as though they are held in the beneficiary’s own hands (with certain exceptions for minors).



**The tax rules around these different types of trust are complex;
for more information and support call 0330 024 0333
email hannah.tait@shma.co.uk or visit www.shma.co.uk**



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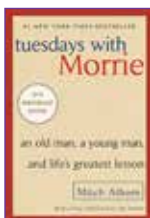
a good read

By Natasha Donovan

Tuesdays with Morrie

by Mitch Albom

Tuesdays with Morrie is a memoir that recounts the author's weekly visits to his former sociology professor, Morrie Schwartz, who is in the final stages of ALS, also known as Lou Gehrig's disease. Each Tuesday, they explore one of life's fundamental questions, making this book a patchwork of profound wisdom. Albom's prose is simple yet stirring, capturing Morrie's remarkable outlook on life even as he faces his impending demise. Morrie's insights on love, work, community, family, aging, forgiveness, and, ultimately, death, are both timeless and universally applicable. His teachings emphasize the importance of connection, compassion, and living a life that resonates with one's personal values. But what makes the book truly compelling is the transformation of Albom himself. A successful sports journalist caught in the whirlwind of a career-driven life, Albom's reconnection with Morrie becomes a catalyst for his own introspection and growth. This personal evolution is what lends the book its emotional heft. Tuesdays With Morrie is more than a tribute to a dying man's wisdom; it is an invitation to pause and reflect on our own lives. Its enduring popularity attests to its ability to touch hearts and awaken minds. In a world bustling with noise and haste, Morrie's lessons urge us to embrace simplicity, love, and, ultimately, our humanity.



Here We Are: Notes for Living on Planet Earth

by Oliver Jeffers

Oliver Jeffers is a Northern Irish artist, illustrator, and writer. Here We Are: Notes for Living on Planet Earth is a masterpiece of children's literature that serves as a gentle yet profound guide to our planet and our place within it. Crafted with Jeffers' signature charm and whimsy, this book is a visual feast that effortlessly blends playful illustrations with earnest, heartfelt advice.



The book is structured as a father's narrative to his newborn son, introducing him to the wonders and peculiarities of the world. From the vastness of the cosmos to the intricate details of the earth's surface, Jeffers' vivid illustrations and accessible text make the complexities of our world comprehensible and captivating to young minds. His portrayal of diverse landscapes, creatures, and people celebrates the richness of life and the value of kindness and understanding.

What makes this book truly special is its underlying message of stewardship and compassion. Jeffers doesn't shy away from acknowledging the fragility of our planet and the responsibility we share to care for it and each other. Yet, he does so with such warmth and optimism that it inspires rather than intimidates.

"Here We Are" is more than just a children's book; it's a tender meditation on humanity and our place in the universe. It's a book that encourages curiosity, respect, and wonder, making it a cherished read not only for children but for parents and educators alike. In its pages lies a universal message: despite our differences and the immensity of the universe, here we are together, and that in itself is something to celebrate.

Beetroot Burger



Preparation time: 30 minutes

Cooking time: 40 mins

Serves: 8 Burgers

Ingredients

1 onion, quartered
3 tbsp olive oil, plus extra for brushing
2 garlic cloves, crushed
200g mushrooms (chestnut are good)
250g tofu
100g cooked beetroot (about 2-3 beetroot bulbs)
1 x 400g can black beans, drained
1 tbsp tomato purée
2 tbsp vegan mayonnaise
1 tbsp miso paste
100g oat flour
2 tbsp ground flaxseed
50g pecans
200g cooked brown rice (75g dry rice is approximately 200g cooked)

Method

Put the onion in a food processor and pulse until it is the texture of cooked rice. Heat 1 tbsp oil in a large frying pan, add the onion and fry for 10 mins until soft and pale golden. Stir in the garlic and fry for another minute. Remove the mixture to a large bowl and set aside. Now put the mushrooms in the food processor and pulse until they are as small as the onions. Heat the remaining oil in the pan, add the mushrooms and fry for 10-15 mins, until any liquid released has evaporated and the mushrooms are tender. Add to the bowl with the onions. Place the tofu, black beans,

Perfect for those trying to reduce their meat consumption.

beetroot, miso paste, tomato purée, mayonnaise, flour, and flaxseed into the food processor and blitz until smooth. Add seasoning then mix this with the cooked veg. Pulse the pecans and half the cooked rice in the food processor until finely chopped. Add this mixture and the remaining rice to the veg too.

Using your hands, shape the mixture into little burger-shaped patties about the same size as the buns.

Vegetable burgers are more fragile than meat burger so chill in the fridge for at least 30 mins before cooking.

I usually pop them in the freezer rather than the fridge.

To cook, heat a frying pan over a medium heat. Brush both sides of the burgers with a little oil. Cook for 5-8 mins on each side, turning once after a crust has formed, until hot through to the centre.

Avoid moving or turning them too often, as they may break up. Toast the buns on the open side, then spread each with a little chilli jam, and fill with lettuce leaves, sliced tomatoes, avocado with lime, vegan cheese and mayonnaise as required.



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another one thing

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answers on page 16

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local police contact for solihull

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Northbrook Group Practice 0121 746 5000
Hobs Moat Medical Centre 0121 742 5211
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Spire Parkway Hospital 0121 704 1451
Daleswood Health, Solihull 01675 489489

Council

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Councillor surgeries

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mindbenders
from page 15

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GaryMM-1318, 24 Aug 2023



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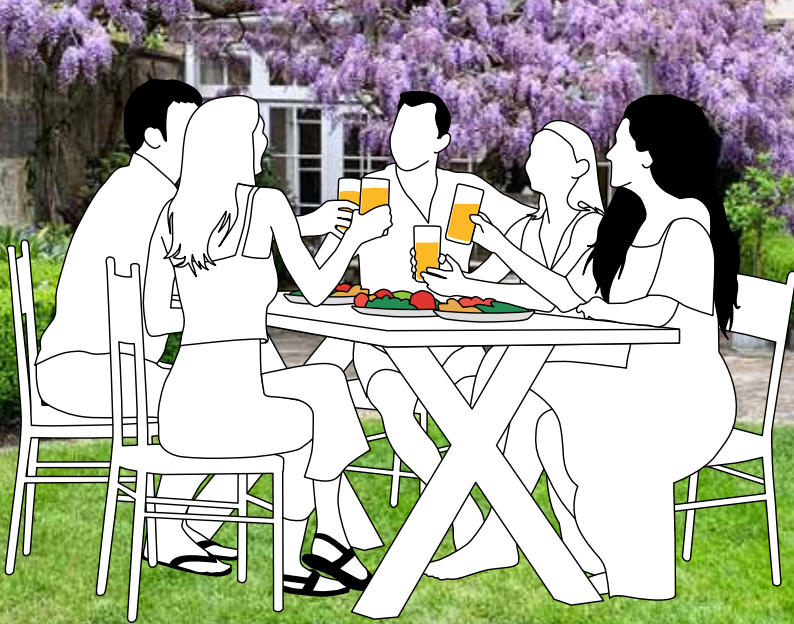
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