solihull index

www.solihullindex.com Delivered FRFF to 5700 homes

N.BIRD&SON ROOFING SERVICES

SAME QUALITY TODAY AS IT WAS IN 1987



FREE QUOTES

EST 1987 SOLIHULL BASED

- Small Repairs
- Flat Roofs
- Ridge Tiles
- New Roofs

720

- Chimney Work
- Lead Work
- UPVC Fascia & Soffits
- Full Gutter Replacements
- Small brickwork jobs















249 Lyndon Road, Solihull B92 7QP

0121 743 6324

LOCAL FAMILY RUN BUSINESS











External wall insulation not only improves the look of your house, it can also:

- Save money on your energy bills
- Increase the value of your home
- Warms your home in the winter
- **Occupation** Cools your home in the summer







Well worth the money

Can't recommend this company enough. From start to completion, we were kept well informed. Any questions we had were answered quickly and to our satisfaction. The guys who did the work were polite and respected our property. We've had several people comment on how nice it looks when they pass our house. Well done to everybody. Don't normally get such good service these days.

MurielA 2025

Call us or email us at info@rockwarm.co.uk

02476 34

for or a free no-obligation quote

ROCKWARM

Your local insulation experts



SPECIALISTS IN ALL ASPECTS OF ROOFING

New Roofs - Roof Repairs - Flat Roofing Fascia, Soffits & Guttering - Cladding Moss Removal Chimney / Ridge Tile Repointing

Local References Available - Free Quotations

For a FREE Quote, contact the local company you can trust

Solihull: 0121 392 3102

Radcliffe House, Blenheim Court, Warwick Road, Solihull, B91 2AA www.solihullcladdingandroofingltd.co.uk sales@solihullcladdingandroofingltd.co.uk

Joyous June!

Welcome to the June edition...

There's a whole load of great music and outdoor events coming up – see page 6 - fingers crossed the weather's good to us and we can get our shorts and sunglasses on!

Or maybe you're busy getting your garden summer ready or preparing to move house. If you need help getting your garden landscaped, your drive re-done, or your bathroom or kitchen updated then have a look to see if one of the local and reliable businesses who advertise in here can help. Wishing you a great month ahead. Until next month,

Zoe Reece Tel: 07557 220585

Email: zoe@dorridgedirectory.com

www.solihullindex.com





Locally designed by: hotlobster design Itd Printed by: Norwood Press

PLEASE RECYCLE THIS MAGAZINE

4 Mention the Solihull Index when responding to advertisements



OFFER: MONDAY & TUESDAY

ANY STARTER
ANY MAIN DISH*
ANY NAN OR RICE
& COFFEE**

£16.00_{PP}

*(Fish, Lamb Shank & King Prawns £4 extra per dish) ** (Plain Coffee)







community events

Solihull Music Festival

20-22 June

Solihull Town Centre

Enjoy music of all genres at this free family event.
Saturday is tribute day - relive the cheesy hits of 90s boybands, dance along to the sounds of pop princess Taylor Swift or the classics from Abba. Chill out on Sunday morning with choir performances before getting those dancing shoes on for the party DJ! More info at www.solihullbid.co.uk/event/solihull-music-festival-2025/



27 June

The Core Theatre Solihull

Relive, sing, dance and party to many of the best 80s songs ever from artists such as Duran Duran, Spandau



Ballet, Ultravox, Visage, Tears For Fears, ABC, Japan, Yazoo, Human League, Eurythmics and more. Tickets £28, to book call 0121 704 6962.

Knowle Party in the Park

28 June

Knowle Park

Get ready for an electrifying experience at 2025's Party in The Park! Prepare for a day filled with legendary tunes and exhilarating performances that promise to make this event truly unforgettable. The line

up includes Peter Andre, Scouting for Girls, and 2 Weeks Notice. More info at www. knowlepartyinthepark.co.uk

Books and Bric-a-Brac Sale

26 July, 9am - 1pm Knowle Village Hall

The Knowle Village Hall
Association is presenting
another of its popular sales just the place to browse and
perhaps find that book you've
always wanted to read.

The Greatest Showman Immersive Cinema Experience

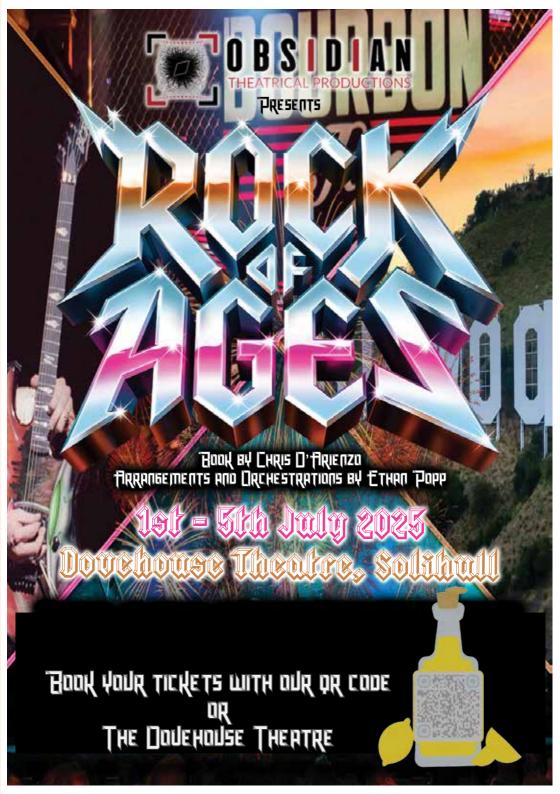
17 July

Tudor Grange Park

See The Greatest Showman on a large screen along with a live Greatest Showman performance featuring circus performers and dancers.

Street food vendors and fully licensed bars will also be present. Tickets from skiddle. com





THE BELL ON THE GREEN —





Tanworth in Arden, Solihull B94 5AL 01564 335 166

www.thebelltanworth.co.uk





We offer high-quality residential, respite, and dementia care in a welcoming and engaging environment. Arrange a visit to discover comfort, companionship, and expert care.

Learn more about our heartfelt care

01564 621645 averyhealthcare.co.uk

1331 Warwick Road, Knowle, B93 9LW



Osteopath or Chiropractor What's the Difference?

f you're dealing with back pain or musculoskeletal issues, vou mav be considering visiting an osteopath or a chiropractor. While both professions aim to improve physical function and reduce pain, there are key differences - and similarities - worth knowing.

Similarities - Both osteopaths and chiropractors are trained to assess. diagnose, and treat problems affecting the muscles, joints, and spine. They use hands-on techniques like manipulation and mobilisation to improve

mobility and ease discomfort. Many also offer lifestyle advice, stretching routines, and posture correction as part of a broader treatment plan.

Differences - Chiropractors often focus on spinal alignment, using specific adjustments - particularly to the spine - to influence the nervous system and overall health. They may use X-rays more regularly and often follow a model based on regular, ongoing adjustments.

Osteopaths typically take a more holistic approach, considering the body's



structure and function as a whole. They tend to use a broader range of handson techniques, such as soft tissue massage, stretching, and joint manipulation, to address a wider range of musculoskeletal complaints.

Before booking, check the practitioner is registered, and feel free to ask about their approach to treatment. It's important to choose someone whose style and philosophy align with your health needs.



Mental Health & **Neurodiversity Services**

At the Purple House Clinic we understand that psychological health is as important as physical health. We believe that everybody deserves to be happy and fulfilled in life, and we are committed to helping people overcome, or adapt to, life's challenges.

PURPLE HOUSE



Our Services

Delivered by a team of highly qualified and registered healthcare professionals, our services include:

- Psychological Assessment
- Psychological Therapy
- Autism Assessments
- Occupational Therapy
- Sensory Asssessment

0121 820 7851



birmingham@purplehouseclinic.co.uk



Coleshill - with easy access from the M42



New Installations & Repairs

We are your local family run company with over 30 years experience in our fields. We pride ourselves on reliability, professionalism and quality whilst offering an affordable service to all of our customers.

- Digital TV Aerials Sky and Freesat TV
- Wifi Access / Data points TV Wall Mounts
 - CCTV Intruder Alarms













www.midland-digital.co.uk

© 0121 742 0026 info@midland-digital.co.uk 435 Stratford Road, Shirley B90 4AA

Checkatrade.com
Where reputation matters



Bathing a problem? We can help



- Rapid bath out walk-in shower conversions
- Back to a warm deep soak with a walk-in bath
- Making bathing safer with simple changes;
 Grab rails, shower seats, raised WCs & slip resistant safety flooring
- Council (DFG), SSAFA and charity grants quotes available
- * Discounts for over 60s and ex-service personnel



FREE*
Mirrored
cabinet or
high raised
toilet with any

full bathroom

installation

Call for our friendly advice, free survey and quote 0121 371 9631

info@ahminstallations.co.uk www.ahminstallations.co.uk
*Terms and conditions apply.













Weight School of School o

Inspired by the Chelsea Flower Show?
Step into Royal-Approved Gardening at Hatton!



As the Chelsea Flower Show blooms into life, there's no better time to let your green fingers flourish. If the stunning displays have sparked your gardening creativity, why not continue the inspiration with a visit to Hatton Garden Centre and Shopping Village?

Here, you'll find everything you need to give your outdoor space the stamp of royal approval – from exquisite plants and stylish pots to expert advice and seasonal inspiration. It's your own slice of Chelsea, closer to home.

While You're Here... Explore Our Charming Shopping Village

Make a day of it and wander through our delightful shopping village – brimming with unique charm, independent boutiques, and hidden treasures. Whether you're looking for the perfect gift, a treat for yourself, or simply want to soak up the friendly atmosphere, there's something special waiting around every corner.





Breakfast, Lunch and Teas served at the Gardeners Retreat: burgers, beers and ice cream from The Hatch, both at Hatton Country World.

And just down the road, Hatton Estate's iconic pub, the Hatton Arms, overlooking the longest flight of locks on the Grand Union Canal.

Much More Than Just a Garden Centre!



There might be challenging times in your life when a family law solicitor can help:

- · Have you decided your marriage or relationship is over, are you unsure about your family's future?
- Do you need to protect your children, or understand the options to resolve arrangements for your children?
- Do you need a pre nuptial or post nuptial agreement to protect assets?
- · Are you moving in with your partner and need a cohabitation agreement?

Choosing the right family lawyer for your circumstances is crucial. Rayden Solicitors are family law specialists with many years' experience; we provide tailored and practical solutions in all areas of family law - divorce, relationship breakdown, child arrangements and financial settlements.

Bespoke advice from Rayden Solicitors in Birmingham. Contact us, enquiries@raydensolicitors.co.uk

3rd Floor 2 Edmund Gardens 121 Edmund Street Birmingham B3 2HJ

Tel: 0121 314 8170.















crossword

1		2	3		4	5	6
7				80	an .		
							L
10				11			L
12		L	13	L	L	14	
_		H	_	H	L	_	15
	16	H			\vdash	17	⊢
18			Н	Н		Н	Н
19		20			21	Н	
22				23			

clues

Across

- 7 Baby of the King of Beasts (4,3)
- 9 French word for red (5)
- 10 Ground meat (5)
- 11 In the customary way (2,5)
- 12 Large flightless bird (3)
- 13 Observing (8)
- 16 Undoes a necklace (8)
- 17 Cereal similar to wheat (3)
- 19 Tranquil (7)
- 21 Flash of light (5)
- 22 Patriarch, veteran (5)
- 23 Fearful, concerned (7)

Down

- 1 Sleep (7)
- 2 Change for the worse (8)
- 3 Unit of measurement for land (4)
- 4 Squats close to the ground (8)
- 5 Hindu spiritual teacher (4)
- 6 Largest instrument in a string quartet (5)
- 8 Establishment that offers facials and pedicures (6,5)
- 13 Large destructive woodland blaze (8)
- 14 Storyteller (8)
- 15 A little hungry (7)
- 18 Made an effort (5)
- 20 Type of yeast-free bread (4)
- 21 Put in order (4)

answer on page 22

					4	5	
			1				2
	3	6	2		1		
	4		9	1	3	2	
1		5			9		6
	9	2	6	5		4	
		7		4	5	6	
9				7			
	6	1					

how to play SUCOKU

It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answer on page 22



Rightio Plumbing & Heating 0121 206 3761

We work in Solihull, Elmdon, Bickenhill, Cathrinede-Barnes and all surrounding areas.

▶ COMPETITIVE RATES ◀

- √ Fast Response
- ✓ All Work Guaranteed
- √ Flexible Appointment Times

► 1-2 Hour ◀ Emergency Response time!



OUR SERVICES

- / Boiler Breakdowns
- Boiler Servicing
- Radiators & Pipes
- √ Tanks & Cylinders
- √ Toilets & Taps
- Leaks & Bursts
- Showers
- √ Clearing Blockages
- Pipework Replacement
- Gas Safe Certified

12 Month Guarantee on labour!

OAP Discount Speak to us today!

Your home. Your care. Your choice.



alina homecare

Care at Home

We're here to help you stay independent in your own home.

Our award winning quality care is provided by our highly trained and compassionate carers.

Choose from regular home visits or Live-in care.

Let's chat...

0121 2897922 alinahomecare.com



Top 20 UK Home Care Group Award 2021 - 2024



A Father And Son Business With Over 25 Years Experience...

We are a genuine family business and have been working in and around Dorridge for over 25 years. We pride ourselves in a high standard of work and customer satisfaction.

- Up and over doors
- Quality roller doors
- Insulated sectional doors
- Repairs & servicing
- Automatic operators





Trustpilot * * * * * * 4.6 See our reviews!









01564 335513



www.dorridgedoors.co.uk

C.STEVENS OF

EST FAMILY BUSINESS

NEW TILED ROOFS•GUTTERS FLAT ROOFS

BRICK WORK LEADWORK SMALL REPAIRS UPVC FASCIAS CHIMNEYS



KNOWLE SOLIHULL 01564 790008 0121 733 12

WWW.CSTEVENSROOFING.CO.UK

Have Your Windows Steamed Finance Options Available Replace just the failed glass unit!

All glazing backed by our

GUARANTEE

Looking to upgrade your existing windows and doors? UPVC. composite or aluminium.

Contact us NOW!



trade



Social distancing in operation

INDOWS REPLACING YOUR FAILED DOUBLE GLAZING Faulty locks, handles or hinges?

Priority freephone

Love Your Home - **Protect** Your Windows - **Save** Money







to installing a cat flap'

CALL FOR A QUOTE

HANDYMAN SERVICE **NOW AVAILABLE**

Flat Roof Repairs and Recovering Specialist | UPVC Windows | Doors, Soffits, Guttering | General Property Repairs and Property Maintenance | Decorating | Carpentry | Plumbing | Plastering | Brickwork | Garden Maintenance and much more...

> We have been working within your area for over 25 years solving your maintenance puzzles

07955 563224



All varieties of trees reduced, pruned and felled

Hedges and shrubs trimmed and maintained

All waste removed and recycled



All your tree and gardening care in just one call

0121 314 9008

info@mrwinterstreecare.co.uk

Who else wants an honest, reliable and AFFORDABLE police checked*cleaner?

- Regular Home Cleaning
- ✓ Vetted & Trusted Cleaners
- ✓ Quick & Easy



Typically with £17.50 Per Hour



TIME FOR YOU

.CLEANING



Hi, I am Gina Radeva, and I run Time For You, a local, trusted, family owned company. I specialise in providing local households with experienced, honest, reliable, personally vetted, police checked cleaners*.

Let me help you get some of your time back while keeping your home clean too. **Call me Today on:**

WhatsApp: 0121 517 1622 Email: solihull@uk.timeforyou.cleaning

www.timeforyou.cleaning/uk/home-cleaning/solihull



☑ enquiries@solclean.co.uk 🔇 www.solclean.co.uk



A fully insured and highly skilled roofing company based in Solihull, West Midlands with many years experience.

Deluxe Roofing Ltd is a professional, reliable roofing company with unrivalled expertise in the industry.



- New Roofs
 Flat Roofs
 Minor Repairs
 Fascias and Guttering
- Insurance Work
 Moss Removal
 Rebedding of Ridge Tiles
 Chimneys
 - Valleys
 All Guttering Cleaned and Repaired from £49.99

OFFICE: 0121 314 99 53 FREEPHONE: 0800 747 14 61

MIDLANDS BRANCH

UNIT 70, 123 STRATFORD ROAD, SHIRLEY, B90 3ND

WWW.DELUXEROOFINGLTD.CO.UK

Does your website look old, dated and you're not sure what to do?



hotlobster design offers you up-to-date websites to replace your tired ones.

Bespoke content managed websites are cheaper than you think. Call now for a chat about your website, social media & marketing needs.



0121 369 1977

More Than Music

The Enduring Magic of Glastonbury Festival

rom Wednesday 25th -Sunday 29th June, the quiet fields of Worthy Farm in Somerset will be transformed into something extraordinary: a sprawling, kaleidoscopic world where music, art, activism, and counterculture collide. The Glastonbury Festival isn't just a music event - it's a rite of passage, a cultural institution, and for many, a pilgrimage. With its roots in the 1970s hippie movement and its heart still firmly tied to values of community and expression, Glastonbury has arown into the world's most iconic festival. But what exactly sets it apart from the rest?

Glastonbury's story begins in 1970, when dairy farmer Michael Eavis hosted the first event, inspired by a nearby open-air Led Zeppelin gig. For £1 (that's £13.50 in today's money), attendees were treated to performances by Marc Bolan and free milk from the farm's cows. From these humble beginnings, the festival has grown into a massive five-day celebration of contemporary performing arts, drawing over 200,000 attendees and showcasing everything from world-famous headliners to circus performers, poets, and political speakers.



At the heart of Glastonbury is its atmosphere -an intoxicatina mix of hedonism, creativity, and open-mindedness. It's the kind of place where you can dance to a secret sunrise DJ set in the woods, listen to a talk on climate activism, take part in a yoga class, and then catch an historic Pyramid Stage headline act, all in a single day. Unlike many festivals focused solely on lineups and brand sponsorships, Glastonbury feels like a living, breathing community with its own ethos and soul.

Part of what makes the atmosphere so unique is its sheer scale and diversity. While the Pyramid Stage might grab headlines, some of Glastonbury's richest experiences lie away from the spotlight - in the immersive wonderland of Shangri-La, the tranquil Healing Fields, or the radical activism of Left Field. It's

this multi-dimensional nature that allows festivalgoers to curate their own experience, from wild partying to introspective escape.

Glastonbury is also deeply intertwined with social and environmental causes. It has long supported campaigns for Greenpeace, Oxfam, and WaterAid, and places a strong emphasis on sustainability - encouraging attendees to reduce waste, go plastic-free, and respect the land. In an era of increasingly commercialized festivals, Glastonbury stands out by staying true to its activist roots.

And then there are the special moments -career-defining performances by legends like David Bowie, Radiohead, Beyoncé, and Stormzy - that become etched in music history. These sets often transcend entertainment, becoming cultural milestones that reflect broader societal shifts.

Glastonbury isn't just about who's playing - it's about the experience, the ideals, and the sense of belonging. It's a place where, for five days, reality is suspended and something deeper takes hold: a shared belief in the power of art, community, and the possibility of a better world.



LOCAL COUNCILLORS

Mike Gouah Tel: 07480 253181

Michael.gough@solihull.gov.uk

Peter Hogarth MBE

Tel: 0121 705 5455 phogarth@solihull.gov.uk

Wazma Qais

Tel: 0121 709 3404

wazma.aais@solihull.aov.uk

ST ALPHEGE

Sardul Marwa MBF Tel: 07940 775122

sardul.marwa@solihull.aov.uk

Bob Grinsell

Tel: 07515 527345

bob.arinsell@solihull.aov.uk

Samantha Gethen

Tel: 07360 648047

samantha.gethen@solihull.gov.uk

local police contact for solihull

Solihull Police Station: 0845 113 5000 or 101

Misc

0121 704 8001 Solihull Council

Health

NHS non-emergency 111

Solihull Hospital 0121 424 2000 0121 704 1451 Spire Parkway Hospital 0121 705 1105 **Grove Surgery** Northbrook Group Practice 0121 746 5000

Hobs Moat Medical Centre 0121 742 5211 Daleswood Health 01675 489489

Utilities

Electricity power cut

0800 111 999 Gas leak Severn Trent Water 0300 034 2222 0800 783 4444 Severn Trent Water (emergencies)

Travel

03457 484950 National Rail Enquiries

0345 303 6760 Network West Midlands (buses)

Councillor suraeries

These are face-to-face meetings held by councillors for local people to raise issues in their area. Held at The Core Library, Solihull on the first

Saturday of every month, 10am - 12 noon, excluding bank holidays, for both Silhill and St Alphege residents.



Crossword Solution from page 14

-		-		-				
7	8	4	1	5	9	6	3	2
5	3	6	2	4	8	1	9	7
6	4	8	9	7	1	3	2	5
1	7	5	4	2	3	9	8	6
3	9	2	6	8	5	7	4	1
8	2	7	3	1	4	5	6	9
9	5	3	8	6	7	2	1	4
4	6	1	5	9	2	8	7	3

2 1 9 7 3 6 4 5 8

Suduko Solution from page 14



Built on trust and reliability, we have been in the roofing business for over 30 years



Our services include:

- New slate and tiled roofs
- Flat roofs
- Chimneys
- Velux roof windows

- Repointing
- Roof timberwork
- Solar panel installation
- And more!

Our highly qualified roofing experts will complete your roofing tasks, quickly and efficiently.

12 YEAR Guarantee

Promise To Our Customers

We guarantee to offer you a dependable service, offering outstanding quality at realistic prices, with your complete satisfaction being our number one priority.

Please call John: 07854 623 592 or Office: 0330 043 6806 to arrange your free inspection and quotation.

john@reviveroofingandbuildingsolutions.co.uk www.reviveroofingandbuildingsolutions.co.uk











